# **CVAB**

CVAB is Values-Driven, Peer-Run and Trauma-Informed people supporting diverse pathways to recovery using strength-based process over prescribed outcomes so each person is empowered to achieve their best possible life.

Our Values that you can depend on...

- Respect
- Welcoming
- Curiosity
- Justice
- Empowerment
- Responsibility
- Courage
- Innovation
- Genuine

Peer Support.
Sharing Hope.
Empowering
Renewal.

# **HARPS**

Housing and Recovery
Peer Services

Supporting peers through
Supportive Housing Services in
Clark, Skamania and Klickitat
counties

## **Contact Us:**

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# **Our Mission**

We strive to assist individuals in finding and maintaining a safe and affordable place to live while promoting personal growth and wellness.

Our supports are non-clinical, because we draw on common experiences as peers to provide empowerment, guidance and encouragement to take responsibility and actively participate in recovery.



We are Peers having lived experience with mental health and/or substance use disorders. We use our own experiences in supporting reduced homelessness, increased recovery and resiliency of individuals.

We support individuals with serious mental illness, substance use disorder and co-occurring disorder, who are exiting from, or at risk of entering, inpatient hospital or substance use treatment settings, who are also experiencing homelessness or at risk of losing housing or shelter.

# **Housing**

- Housing search
- Landlord negotiations
- Furnishing and obtaining necessities
- Creating an individualized, strengths-based action plan
- Maintaining housing

# **Employment**

Supportive Services

- Referrals to supportive employment services
- Mentoring and encouraging on and off the job site
- Support in obtaining necessary clothing and hygiene supplies
- Assistance with navigating public transportation

# Social/Interpersonal

- Side-by-side encouragement in developing natural supports
- Promoting self-advocacy
- Encouraging and supporting individual and group activities