



**PEER SUPPORT.  
SHARING HOPE.  
EMPOWERING RENEWAL.**

**Core Values**

RESPECT	<i>We treat people well</i>
GENUINE	<i>We expect transparency</i>
WELCOMING	<i>We are open and attentive</i>
RESPONSIBILITY	<i>We are accountable</i>
INNOVATION	<i>We make life better</i>
EMPOWER	<i>We support self-action</i>
JUSTICE	<i>We seek equity</i>

**{ CVAB's Focus: Peers providing Peer Support }**

CVAB is Values-Driven, Peer-Run and Trauma-Informed people supporting diverse pathways to recovery using strength-based process over prescribed outcomes so each person is empowered to achieve their best possible life.

***When you think of CVAB, think...***

**YES! Together, we will find a solution.**



Peer support services are non-clinical. Peer services rebuild lives, reduce costs, and empower people in recovery. Peer support services are strengths-based and extend the reach of treatment beyond the clinical setting into individuals every day environments.

**www.CVABonline.com**

**Southwest Washington Services**

REACH Center: 360.397.8050  
 Val Ogden Center: 360.253.4036  
 REACH Too: 360.773.8054  
 Warm Line: 360.903.2853

**For Information about these Services**

360.397.8050; info@CVAB.org

**Skagit County Services**

REACH Center: 360.873.8635

**Statewide Project**

PS Communities: 360.787.8406

**For Ombuds Services**

800.696.1401; swbhombuds@gmail.com

REACH CENTER	<i>Self-directed participation in groups, classes and activities*</i>
VAL OGDEN CENTER	<i>Employment and education supports and services; DVR CRP services; Supported Employment services*</i>
REACH TOO	<i>Support and prosocial activities for individuals in therapeutic courts and re-entry for Clark County jail*</i>
WARM LINE	<i>Phone peer support 4PM-12AM everyday</i>
PEER BRIDGER	<i>Peer support for individuals transitioning from Western State Hospital &amp; other inpatient settings to the community</i>
CVAB TRAININGS	<i>Training for individuals, peer leaders and peer supporters, systems and the community</i>
HOUSING AND RECOVERY PEER SERVICES (HARPS)	<i>Supporting peers through supportive housing services in Clark, Skamania, and Klickitat counties.</i>
SKAGIT VALLEY REACH CENTER	<i>Self-directed participation in groups, classes and activities in Mount Vernon, WA*</i>
DEVELOPING PEER SUPPORT COMMUNITIES	<i>Supporting peers &amp; peer delivered services across Washington (SAMHSA CMHS Grant)</i>
OMBUDS	<i>Supporting people navigate and resolve issues with behavioral health services.</i>

\* Program calendars are online

The **foundational values of peer support** are expressed in differing ways and can be summarized as:

- Empowerment and Responsibility;
- Choice or Self-determination;
- Acceptance and Respect for Diversity;
- Reciprocity and Mutuality in Relationships;
- Social Action; and
- Recovery