

# REACH Too



A service of  
CVAB  
cvabonline.com

# July 2017

All Groups and Classes are at REACH Too  
unless otherwise indicated

REACH Too —10205 NE 4th Plain Blvd.  
Office phone: 360-773-8054

Center for Community Health  
—1601 E. 4th Plain. Blvd. Bldg 17.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Men's Support Circle —1pm
2 Support Circle —10am	3 Money Smart—11:30am Support Circle—4pm Study Hall—5pm Center for Community Health 4th floor lobby	4 REACH Too closed for 4th of July Holiday	5 Healthy Living 11:30-1pm	6 Support Circle—6pm	7	8 Men's Support Circle —1pm
9 Support Circle —10am	10 Money Smart—11:30am Support Circle—4pm Study Hall—5pm Center for Community Health 4th floor lobby	11 Women's Support Circle —12:15pm Pottery—2pm Men's Support Circle—4pm	12 Healthy Living 11:30-1pm Open House —4pm Core Mentor Training —6pm	13 Support Circle—6pm	14 Volleyball 5pm-7pm Orchards Park	15 WRAP Workshop 10am—3pm Men's Support Circle —1pm
16 Support Circle —10am	17 Money Smart—11:30am Support Circle—4pm Study Hall—5pm Center for Community Health 4th floor lobby	18 Women's Support Circle —12:15pm Pottery—2pm Men's Support Circle—4pm	19 Healthy Living 11:30-1pm	20 Support Circle—6pm	21	22 Men's Support Circle —1pm
23 Support Circle —10am	24 Money Smart—11:30am Support Circle—4pm Study Hall—5pm Center for Community Health 4th floor lobby	25 Women's Support Circle —12:15pm Pottery—2pm Men's Support Circle—4pm	26 Healthy Living 11:30-1pm Open House —4pm	27 Support Circle—6pm	28 Speaker Meeting —7pm Center for Community Health Conf. Rm. 210C	29 Men's Support Circle —1pm
30 Support Circle —10am	31 Money Smart—11:30am Support Circle—4pm Study Hall—5pm Center for Community Health 4th floor lobby					

## REACH Too Speaker Meeting

Support your peers in recovery  
and hear their stories.  
2 new speakers each month



4th Friday at 7pm  
Center for Community Health  
Conference room 210C

## STUDY HALL



For treatment or school assignments  
Drop-in class—Mondays at 5pm

Center for Community Health—4th floor lobby

Wellness Recovery Action Plan  
Learn about yourself and plan strategies  
for staying happy and healthy  
1x a month—4 hour class



July 15th  
10am to 3pm

(lunch on your own)

Please sign up with Jessica (360-606-0703)

**Class size is limited to 12**

*Qualifies as Life Skill requirement for Courts*

## Money Smart

Learn to budget your money, get  
out of debt and start saving!  
4 part series

(Can be done in any order)  
Mondays at 11:30am

Qualifies as Life Skills requirement for the courts



## REACH Too Volleyball

At Orchards Park  
Friday July 14th  
5-7pm



## REACH TOO OPEN HOUSE

Learn about our  
Services and See our Space



2nd and 4th Wednesday's  
@ 4pm

## Pottery Class

Tuesdays at 2pm

Come and explore  
your creativity  
with clay!



illustrations of.com #1047564

## SUPPORT CIRCLES



Small, mentor led, peer support groups  
for processing your recovery,  
setting goals  
and forming friendships.

## REACH Too



# July 2017

## CORE MENTOR TRAINING

For phase 4 participants



Become a mentor after graduation  
and give back what was given to you!

Wednesday July 12

6pm to 9pm

## Healthy Living!



Wednesdays  
11:30-1pm

Learn what foods are goods for you  
and how to make healthy choices!  
*Qualifies as a Life Skills requirement for the courts*