

REACH Too



January 2018

All Groups and Classes are at REACH Too
unless otherwise indicated

REACH Too —10205 NE 4th Plain Blvd.
Office phone: 360-773-8054

Center for Community Health
—1601 E. 4th Plain. Blvd. Bldg 17.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 New Years Day CVAB Closed	2 Women's Support Circle —12:30pm Men's Support Circle—4pm	3	4 Support Circle—6pm	5	6 Men's Support Circle —9am Mentor Advisory Alumni Committee —10am
7 Support Circle —10am	8 Money Smart—11:30am Support Circle—5pm Study Hall—5pm Center for Community Health 4th floor lobby	9 Women's Support Circle —12:30pm Men's Support Circle—4pm	10	11 Pottery Workshop 4-6pm Support Circle—6pm	12 Vision Board Workshop 6-8pm	13 Men's Support Circle —9am
14 Support Circle —10am	15 Martin Luther King Day CVAB closed	16 Women's Support Circle —12:30pm Men's Support Circle—4pm	17	18 Support Circle—6pm	19	20 WRAP Workshop 10am-4pm Men's Support Circle —9am
21 Support Circle —10am	22 Money Smart—11:30am Support Circle—5pm Study Hall—5pm Center for Community Health 4th floor lobby	23 Women's Support Circle —12:30pm Men's Support Circle—4pm	24	25 Pottery Workshop 4-6pm Support Circle—6pm	26 Speaker Meeting- 7pm Center for Community Health Rm 210C	27 Men's Support Circle —9am
28 Support Circle —10am	29 Money Smart—11:30am Support Circle—5pm Study Hall—5pm Center for Community Health 4th floor lobby	30 Women's Support Circle —12:30pm Men's Support Circle—4pm	31			

REACH Too Speaker Meeting

Support your peers in recovery
and hear their stories.

2 new speakers each month

4th Friday of the month

Center for Community Health
Conference room 210C



STUDY HALL

For treatment or school assignments

Drop-in class—Mondays at 5pm

Center for Community Health
—4th floor lobby



REACH TOO OPEN HOUSE

Learn about our Services and Supports

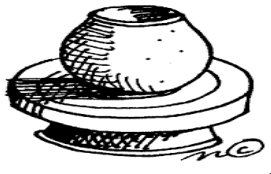
Drop In or By Appointment
Call for Availability:
Brettney at 360-624-2796
Or Jessica at 360-606-0703



Pottery Workshop

2nd and 4th Thursdays at 4pm

Learn hand building
techniques for
making a special
coffee cup or bowl



Money Smart

Learn to budget your money,
get out of debt and start saving!
Mondays at 11:30am
4 part series
qualifies as Life Skills requirement



W.R.A.P.

Wellness Recovery Action Plan

Self-directed wellness and
relapse prevention planning

Saturday January 20th
10am-3pm

4 hour workshop qualifies as life
skills requirement for the courts



Vision Board Workshop



A guided project for visualizing your dreams
and materials for bringing it to life.

January 12th 6-8pm

SUPPORT CIRCLES



Small, mentor led, peer support groups
for processing your recovery,
setting goals
and forming friendships.

REACH Too



A service of
CVAB
cvabonline.com

January 2018

**Join REACH Too
in making
2018
the best year yet!**



Mentor Alumni Advisory Meeting
open to all current and past
Therapeutic court participants

Help us in planning community
outreach events, softball, seasonal
events and more!



Saturday January 6th
at 10am!

Qualifies as 1 of 4 Alumni meetings in phase 4.