

# REACH Too



# December 2017

All Groups and Classes are at REACH Too  
unless otherwise indicated

REACH Too — 10205 NE 4th Plain Blvd.  
Office phone: 360-773-8054

Center for Community Health  
— 1601 E. 4th Plain. Blvd. Bldg 17.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 Men's Support Circle —9am  Mentor Advisory Alumni Committee —10am
3 Support Circle —10am	4 Money Smart—11:30am Support Circle—5pm Study Hall—5pm Center for Community Health 4th floor lobby	5 Women's Support Circle —12:15pm Men's Support Circle—4pm	6 Healthy Living 11:30-1pm	7 Support Circle—6pm	8	9 Men's Support Circle —9am
10 Support Circle —10am	11 Money Smart—11:30am Support Circle—5pm Study Hall—5pm Center for Community Health 4th floor lobby	12 Women's Support Circle —12:15pm Men's Support Circle—4pm	13 Healthy Living 11:30-1pm	14 Support Circle—6pm	15 REACH Too Holiday Party 5:30-8:30 First Presbyterian Church	16 Men's Support Circle —9am
17 Support Circle —10am	18 Money Smart—11:30am Support Circle—5pm Study Hall—5pm Center for Community Health 4th floor lobby	19 Women's Support Circle —12:15pm Men's Support Circle—4pm	20 Healthy Living 11:30-1pm	21 Support Circle—6pm	22	23 Men's Support Circle —9am
24 Support Circle canceled	25 Christmas Day Closed	26 Women's Support Circle cancelled  Men's Support Circle— Cancelled	27 Healthy Living 11:30-1pm	28 Support Circle—6pm	29	30 Men's Support Circle —9am
31 Support Circle canceled						

## REACH Too Speaker Meeting

Support your peers in recovery  
and hear their stories.

2 new speakers each month

**No Speaker Meeting This Month**

Center for Community Health  
Conference room 210C



## STUDY HALL

For treatment or school assignments

**Drop-in class—Mondays at 5pm**

Center for Community Health  
—4th floor lobby



## REACH TOO OPEN HOUSE

Learn about our Services and Supports

Drop In or By Appointment

Call for Availability:

Brettney at 360-624-2796

Or Jessica at 360-606-0703



## Healthy Living!

Wednesdays @ 11:30-1pm

Learn what foods are goods for you  
and simple exercises to stay fit!

4 classes in a row qualifies as a Life Skills  
requirement for the courts

## Money Smart

Learn to budget your money,  
get out of debt and start saving!

Mondays at 11:30am

4 part series

qualifies as Life Skills requirement  
for the courts



# REACH TOO HOLIDAY PARTY



Snacks  
Speakers  
Pictures with  
Santa  
DJ Dance  
...And More

December 15th

5:30-8:30

First Presbyterian Church  
4300 Main St.

## SUPPORT CIRCLES



Small, mentor led, peer support groups  
for processing your recovery,  
setting goals  
and forming friendships.

# REACH Too



A service of  
CVAB  
[cvabonline.com](http://cvabonline.com)

## December 2017

# Happy Holidays

