






Recovery, Empowerment, Advocacy, Community, Hope

October

The REACH Center
OPEN Monday – Saturday 9AM to 7PM*
 *Hours & activities subject to change without notice

2017

Requires Pre-registration

Sun	Mon	Tue	Wed	Thu	Fri	Sat		
1 	2 DSHS 9AM-12PM Tools for Life 11AM	3 #Employment Matters 9:30AM Recovery 101 12PM	4 Peer Support Group 2PM DRA 4:30PM	5 Managing Anger 11AM Tools for Life 1PM	6 Tools for Life 11AM TGIF 1PM	7 New Saturday Hours 9AM-5PM		
8 	9 DSHS 9AM-12P Tools for Life 11AM HVN 4:30PM	10 #Employment Matters 9:30AM Recovery 101 12PM	11 Peer Support Group 2PM DRA 4:30PM	12 Managing Anger 11AM Tools for Life 1PM	13 Tools for Life 11AM TGIF 1PM	14 New Saturday Hours 9AM-5PM		
15 	16 DSHS 9AM-12PM Tools for Life 11AM	17 #Employment Matters 9:30AM Recovery 101 12PM	18 #WRAP 10AM Peer Support Group 2PM DRA 4:30PM	19 Managing Anger 11AM Tools for Life 1PM	20 Tools for Life 11AM TGIF 1PM	21 New Saturday Hours 9AM-5PM		
22 	23 DSHS 9AM-12PM Tools for Life 11AM	24 #Employment Matters 9:30AM Recovery 101 12PM	25 #WRAP 10AM Peer Support Group 2PM DRA 4:30PM	26 Managing Anger 11AM Tools for Life 1PM	27 Tools for Life 11AM TGIF 1PM	28 New Saturday Hours 9AM-5PM		
29 	30 DSHS 9AM-12PM Tools for Life 11AM CVAB Closed 2PM (Staff Development)	31 #Employment Matters 9:30AM Recovery 101 12PM	Warm Line Everyday 5PM – 10PM (360) 903-2853				The REACH Center 1601 E 4th Plain Blvd Building 17 First Floor (A114) Phone: (360) 397-8050 Fax: (360) 397-8059 A program of CVAB www.cvabonline.com	

WRAP

Wellness Recovery Action Plan

Decide in Advance with Group Support How you Will:

- Develop Your Own WRAP
- Interrupt the Downward Spiral
- Take Action to Keep Yourself Well
- Stay in the Driver's Seat of Your Recovery

This is an 8 Week Group Opportunity
that

Requires Pre-registration

VOLUNTEER AT THE REACH CENTER

...to build confidence and skills while helping others. Be proactive in your wellness, recovery and healing.

Ask us how



Would it be helpful to have
someone to talk to?

You will find a kind, compassionate, non-judgmental
Peer who will listen, help to problem-solve,
provide a resource or celebrate successes with you on

The Warm Line *A program of CVAB*

(360) 903-2853

7 nights a week 5PM-10PM

This is a pager system. Please follow the prompts and input the number you would like a call back on; one of our friendly peers will be with you shortly.

Recovery 101

Wellness Tools for Individual Needs

Offered in partnership with Clark County Crisis

Tuesday's @ 12PM

Employment Matters

Tuesday's 9:30AM-11:30AM

Matters of Employment

Because

Employment Matters!

Space is Limited

This Opportunity

Requires Pre-registration

(Computer Lab May Be Unavailable During This Time)

Hearing Voices Network (HVN)

2nd Monday of each month 4:30-6:30PM

We hope to reduce fear and misunderstanding, overcome isolation and create a more inclusive community through compassionate dialog in a non-judgmental and respectful atmosphere.

DSHS

Walk-in Appointments

@

The REACH Center

Monday's

1st Appointment @ 9AM

Last Appointment @ 11:45AM

*Apply for Benefits *

*Get Your Questions Answered *