





January

Recovery, Empowerment, Advocacy, Community, Hope

2018

The REACH Center
OPEN Monday – Saturday 9AM to 7PM*
 *Hours & activities subject to change without notice

SUN	MON	TUES	WED	THURS	FRI	SAT
	1 New Year's Day CLOSED	2 #Employment Matters 9:30AM Recovery 101 12PM Chess Club 12PM	3 Managing Anger 11AM Peer Support 2PM DRA 4:30PM	4 Tools for Life 1PM	5 Tools for life 11AM TGIF 1PM Walk for Wellness 2:30pm	6 Circle of Hope 1PM
7 	8 DSHS 9AM Tools for Life 11AM Recreation for Recovery 1pm HVN 4:30PM	9 #Employment Matters 9:30AM Recovery 101 12PM Chess Club 12PM	10 Managing Anger 11AM Peer Support 2PM DRA 4:30PM	11 Tools for Life 1PM	12 Tools for life 11AM TGIF 1PM Walk for Wellness 2:30pm	13 Circle of Hope 1PM
14 	15 Martin Luther King JR. Birthday CLOSED	16 #Employment Matters 9:30AM Recovery 101 12PM Chess Club 12PM	17 Managing Anger 11AM Peer Support 2PM DRA 4:30PM	18 Tools for Life 1PM #Wrap 10AM	19 Tools for life 11AM TGIF 1PM Walk for Wellness 2:30pm	20 Circle of Hope 1PM
21 	22 DSHS 9AM Tools for Life 11AM Recreation for Recovery 1PM	23 #Employment Matters 9:30AM Recovery 101 12PM Chess Club 12PM	24 Managing Anger 11AM Peer Support 2PM DRA 4:30PM	25 Tools for Life 1PM #Wrap 10AM	26 Tools for life 11AM TGIF 1PM Walk for Wellness 2:30pm	27 Circle of Hope 1PM
28 	29 DSHS 9AM Tools for Life 11AM Recreation for Recovery 1PM	30 #Employment Matters 9:30AM Recovery 101 12PM Chess Club 12PM	31 Managing Anger 11AM Peer Support 2PM DRA 4:30PM	The REACH Center A program of CVAB 1601 E 4th Plain Blvd Building 17 First Floor (A114) Phone: (360) 397-8050 Fax: (360) 397-8059 www.cvabonline.com		

NEW HOURS*** 4PM-12AM**
WARM LINE 360-903-2853

Happy Winter!

2018 JANUARY 2018 JANUARY 2018

CHESS CLUB

Every Tuesday Beginning at
12PM

Multiple Games Happening Simultaneously

Quarterly Invitational Tournaments



Tools for Life

January

"Physical Health"

Solutions NOT Resolutions

Walk for Wellness
Every Friday beginning
In January @ 2:30pm



VOLUNTEER AT THE REACH CENTER

Build confidence and skills while
helping others. Be proactive in your
wellness, recovery and healing.

Ask us how

Hope Circle

Peer Support Group

Saturday's 1pm



Employment Matters

Tuesdays 9:30AM-11:30PM

Matters of Employment

Because

Employment Matters!

Space is
Limited

#Pre-registration
requested



Would it be helpful to have
someone to talk to?

You will find a kind, compassionate, non-judgmental Peer
who will listen, help to problem-solve,
provide a resource or celebrate successes with you on

The Warm Line A program of CVAB

(360) 903-2853

*****New Hours*****

7 nights a week 4PM-12AM

This is a pager system. Please follow the

DSHS

Walk-in Appointments

@

The REACH Center

Mondays

1st Appointment @ 9AM

Last Appointment @ 11:30AM

*Apply for Benefits *

*Get Your Questions Answered *

THE HEART OF OUR AGENCY IS PEER TO PEER SUPPORT AND WE PROVIDE IT THROUGH REGULARLY SCHEDULED ACTIVITIES AND READILY ACCESSIBLE PEER SUPPORT. THE REACH CENTER IS A COMPLEMENT TO THE MENTAL HEALTH, ADDICTION AND CRISIS SYSTEMS. THE SERVICES ARE OFFERED FREE OF PRESSURE, HASSLES